

## Curriculum Vitae

**Christopher A. Heck, M.D.**  
Spine Surgeon



**Office Address** Southlake Orthopaedics Sports Medicine & Spine Center, PC  
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### **Education**

May 1993	McGill-Toolen High School, Mobile, Alabama
June 1997	B.S. Auburn University, Auburn, Alabama Magna Cum Laude
May 2001	M.D. University of South Alabama, Mobile, Alabama
2001-2002	General Surgery Intern, University of Kentucky College of Medicine, Lexington, Kentucky
2002-2006	Orthopaedic Surgery Resident, University of Kentucky College of Medicine, Lexington, Kentucky
2006-2007	Spine Fellowship, Duke University, Durham, North Carolina

### **USMLE Examinations**

Step 1 – 241, Pass, June 14, 1999  
Step 2 – 228, Pass, July 2, 2000  
Step 3 – 199, Pass, February 11, 2002

### **Orthopaedic Board Examinations**

Part I – 236 (93<sup>rd</sup> percentile), Pass, July 24, 2006  
Part II – Certified 7/21/11 – 12/31/2021

### **Work Experience**

2018-present	Southlake Orthopaedics Sports Medicine & Spine Center, PC (Birmingham, Alabama)
2007-2017	Southern Orthopaedic Surgeons, LLC (Montgomery, Alabama)
2011-present	NuVasive Course Instructor
2015-present	Independent Medical Expert, Ombudsman Program, Alabama Workers' Compensation Medical Services Board
2015-2017	Independent Reviewer, Nexus Medical Consulting (Utilization Review Accreditation Commission)
2016-present	Independent Reviewer, MLS Group of Companies, Inc. (Utilization Review Accreditation Commission)
2016-present	Independent Reviewer, ExamWorks (Utilization Review Accreditation Commission)
2016-present	Independent Reviewer, Network Medical Review, Co, Ltd. (Utilization Review Accreditation Commission)
2017-present	Independent Reviewer, Reliable Review Services (Utilization Review Accreditation Commission)

## **Medical Licensure**

Alabama

## **Procedural Training**

Synthes

ProDisc-C Artificial Disc Training (Denver, CO) – 2008  
ProDisc-L Artificial Disc Training (New York, NY) – 2008

Medtronic

DLIF Training (Memphis, TN) – 2007  
Spine Surgeon Transition Program (Memphis, TN) – 2007

Kyphon

Kyphoplasty Instructional Course (Charlotte, NC) – 2006  
X-Stop Instructional Course (Durham, NC) – 2007

Zimmer

Dynesys Training (Durham, NC) – 2007

Globus

Osteotomy & Sagittal Balance Course (Chicago, IL) – 2013

SI-Bone

iFuse Training (Houston, TX) – 2012  
Advanced iFuse Training (Chicago, IL) – 2014

NuVasive

XLIF Training (Baltimore, MD) – 2007  
Advanced XLIF Training (San Diego, CA) – 2008  
TLIF Training (San Diego, CA) – 2010  
Corpectomy Training (San Diego, CA) – 2010  
MAS PLIF Training (San Diego, CA) – 2012  
ACR XLIF Training (San Diego, CA) – 2013

Baxano

IO-Flex Training (Orlando, FL) – 2010

LDR

Cervical disc arthroplasty (Boston, MA) – 2015  
OLIF Training

Mazor

Robotic Spine Instrumentation Training (Orlando, FL) – 2017

## **Positions**

American Academy of Orthopaedic Surgeons

Congressional Ambassador – 2014-present

Alabama Orthopaedic Society

President – 2016-17

President-Elect – 2015-16

Board of Directors – 2013-18

Southern Orthopaedic Association

Finance Committee – 2014-16

State Councilor – 2010-present

Board of Directors – 2014-present

Montgomery County Medical Society, Board of Directors – 2010-11

First United Methodist Church of Montgomery, Board of Directors – 2009-11

Baptist Medical Center South

Pharmacy & Therapeutics Committee – 2008-2015

### **Organizational Memberships**

Montgomery Surgical Society – 2014-present  
National Osteoporosis Foundation – 2013-2014  
Society of Lateral Access Surgeons – 2009-present  
Medical Association of the State of Alabama – 2008-present  
Alabama Orthopaedic Society – 2007-present  
Southern Orthopaedic Association – 2007-present  
Piedmont Orthopaedic Society – 2007-present  
AOSpine North America – 2007-present  
North American Spine Society– 2004-present  
American Academy of Orthopaedic Surgeons, Member – 2001-present

### **Publications**

Acute Bilateral Thigh Compartment Syndrome: A Case Report  
*Orthopaedics* – March 2009  
Venous Thromboembolism in Spine Surgery  
*Journal of the American Academy of Orthopaedic Surgeons* – November 2008

### **Presentations**

Perioperative Predictors of Radiographic Outcome in Neuromuscular Hip Dysplasia  
Southern Medical Association (Poster) – 2006  
Pediatric Orthopaedic Society of North America Annual Meeting (E-Poster) – 2005  
Kentucky Orthopaedic Society Annual Meeting – 2004 & 2005  
Mortality of Halo Immobilization for Geriatric Odontoid Fractures  
Southern Medical Association - 2006  
Orthopaedic Trauma Association Annual Meeting (Poster) – 2006