

Jonathan A. Isbell, MD
Orthopaedic Surgeon Sports Medicine
Southlake Orthopaedics Sports Medicine and Spine Center
www.southlakeorthopaedics.com

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WORK EXPERIENCE

2022- PRESENT **Southlake Orthopaedics Sports Medicine and Spine Center**

2011-2012 **Orthopaedic Clinical Assistant** – Southern Orthopaedic Specialists, Birmingham, AL.
Assisted physician, physician’s assistant, and office staff with clinical duties and various aspects of patient care.

EDUCATION

2021-2022 OrthoCarolina, Charlotte, NC
Fellow, Sports Medicine, Shoulder and Elbow

2016-2021 University of Alabama Medical Center, Birmingham, AL
Resident, Orthopaedic Surgery

2012-2016 University of Alabama School of Medicine (UASOM), Birmingham, AL
Doctor of Medicine, *Cum Laude*
Alpha Omega Alpha Honor Medical Society

2009-2011 Auburn University, Auburn, AL
Master of Science, Biomedical Sciences

2004-2009 Auburn University, Auburn, AL
Bachelor of Science, Biomedical Sciences

LICENSURE/CERTIFICATIONS

2018-Present Alabama Medical License
2016-Present BLS, ACLS, ATLS Certifications

BOARD CERTIFICATION

American Board of Orthopaedic Surgery -7/21/2024 – 12/31/2034
Participating in Maintenance of Certification

HONORS AND AWARDS

2020 First Place, Chestley L. Yelton Resident Essay Competition, Alabama/Mississippi Orthopaedic Society Annual Meeting

2020 Third Place, Chestley L. Yelton Resident Essay Competition, Alabama/Mississippi Orthopaedic Society Annual Meeting

2016 Achievement Award for Excellence in Clinical Curriculum, UASOM

2016 *Cum Laude* (Top 10% of Graduating Class), UASOM

2015 *Alpha Omega Alpha* Honor Medical Society, UASOM

2014-2015 Clinical Honors in all core clerkships of medical school curriculum, UASOM

2009 Alpha Epsilon Delta Premedical Honor Society, Auburn University

2007-2009 Dean’s List, Auburn University College of Science and Mathematics

LEADERSHIP EXPERIENCES

2016-2021	UAB Orthopaedic Surgery Residency Program Evaluation Committee
2016-2021	Leadership Committee for "Bible and Bones" Orthopaedic Bible Study Group
2013-2014	President, UASOM Surgery Interest Group
2013	Medical Student Orientation Committee Leader
2013	UASOM "Best Medicine Show" Sponsorship Committee
2012	UASOM Fundamentals I Course Representative

TEAM COVERAGE

2023-Present	Jefferson Shelby Youth Football League (JSYFL) medical team
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TEACHING EXPERIENCES

2016-Present	Resident Lecture Series – UAB Department of Orthopaedic Surgery, Birmingham, AL. Actively involved in orthopaedic resident lectures including weekly conferences, Morbidity and Mortality meetings, Grand Rounds, intern and junior resident surgical skills curriculum, and various other activities.
2009-2011	Supplemental Instruction – Auburn University Harrison School of Pharmacy, Auburn, AL. Supplemental Instruction coordinator and instructor for Mammalian Physiology.
2007-2011	Teaching Assistant – Department of Biological Sciences, Auburn University, Auburn, AL. Undergraduate Teaching Assistant for courses in Human Anatomy and Physiology, Comparative Anatomy, Microbiology, Histology, Vertebrate Development, and Mammalian Physiology 2007-2009. Served as Graduate Teaching Assistant for Mammalian Physiology 2009-2011.

MEMBERSHIPS

2018-Present	Arthroscopy Association of North America (AANA)
2018-Present	The American Orthopaedic Society for Sports Medicine (AOSSM)
2018-Present	Mid-America Orthopaedic Association (MAOA)
2018-Present	Alabama Orthopaedic Society (AOS)
2016-Present	American Academy of Orthopaedic Surgeons (AAOS)
2015-Present	Alpha Omega Alpha Honor Medical Society (AOA)
2013-2014	UASOM Surgery Interest Group
2012-2016	UASOM Orthopaedic Interest Group

INTERCOLLEGIATE ATHLETICS

2004-2007	Auburn University Varsity Football, Auburn University, Auburn, AL
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VOLUNTEER EXPERIENCES

2013-Present	Dawson Memorial Baptist Church – Various volunteer activities
2012	Mitchell's Place, Birmingham, AL
2010-2011	Fort Payne High School Varsity Football, Fort Payne, AL – Volunteer Assistant Coach

PUBLICATIONS

Cimino A, Veazey G, McMurtrie J, **Isbell J**, Brabston E, Ponce B, Momaya A. The Effect of Corticosteroid Injections on Clinical Outcomes and Failure Rates After Rotator Cuff Repair: A Systematic Review. *Arthroscopy*. 2020 May 7. PMID 32389769

Moon AS, Cignetti C, **Isbell JA**, Monoharan SR. Traumatic hyperextension-distraction injuries of the thoracolumbar spine: a technical note on surgical positioning. *European Spine Journal*. 2019 Feb 15. PMID: 30771050

Read C, Beaumont C, **Isbell J**, Dombrowsky A, Brabston E, Ponce B, Hale H, McCollough K, Estes R, Momaya A. Spectator Injuries in Sports. *J Sports Med Phys Fitness*. 2018 Oct 31. PMID: 30411604

Isbell JA, Morris AC, Araoye I, Naranje S, Shah AB. Recurrent Extra- and Intra-articular Synovial Chondromatosis of the Ankle with Tarsal Tunnel Syndrome: A Rare Case Report. *Journal of Orthopaedic Case Reports*. 2017 Mar-Apr;7(2):62-65. PMID 28819605

Isbell JA, Makeeva V, Brooks WS. The Impact of Team-based Learning (TBL) on Physician Assistant Students' Academic Performance in Gross Anatomy. *J Physician Assist Educ*. 2016 Sep;27(3):126-130. PMID 27705982.

Isbell JA, Brooks, WS. Team-Based Learning Module for Anatomy of the Posterior Upper Limb. MedEdPORTAL Publications; 2015. <https://www.mededportal.org/publication/10097>.

PRESENTATIONS

June 2023	Alabama Athletics Trainers Association – presenting “Cartilage Restoration in the Knee” Clinical Symposium and Members Meeting
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PERSONAL INTERESTS

Spending time with my wife and our children, as well as fishing, hunting, athletics, and traveling.